

Survival Gang Community Survival Resource Guide

Prepare. Protect. Empower.

1. Emergency Preparedness Basics

Create a family emergency plan, identify meeting locations, maintain emergency contacts, and practice emergency drills regularly.

2. Build a 72-Hour Survival Kit

Include water, non-perishable food, flashlight, batteries, first aid supplies, medications, hygiene items, blankets, and copies of important documents.

3. First Aid Essentials

Learn CPR, AED awareness, bleeding control, burn treatment, choking response, and basic wound care.

4. Wilderness Survival Fundamentals

Focus on shelter, water, fire, signaling for help, navigation, and situational awareness.

5. Family Disaster Planning

Prepare for hurricanes, floods, tornadoes, power outages, and severe weather events common to your region.

6. Youth Safety Skills

Teach children how to call 911, identify trusted adults, respond to emergencies, and stay calm under pressure.

7. Emergency Contact Worksheet

Record family contacts, medical information, insurance information, and emergency meeting locations.

8. Survival Gang Challenge

Practice one preparedness activity each month: build a kit, learn a new skill, attend training, or conduct a family drill.

Quick Preparedness Checklist

- 3-day water supply
- 3-day food supply
- Flashlight and batteries
- First aid kit
- Emergency contacts list
- Phone charger/power bank
- Medications
- Weather radio
- Multi-tool
- Emergency blanket